

Creating a 1-2 Year Vision for Yourself: An Inspirational Guide that ties Visioning to Core Values, Goal Setting and Action Planning.

Introduction:

Crafting a vision for yourself is an empowering process that sets the stage for personal and professional growth. Inspired by the wisdom of Ari Weinzweig, and Jim Rohn, this guide is designed to help you envision a future that excites you and lays out the steps to make that vision a reality. By looking ahead, you can define your direction, clarify your priorities, and start moving towards your goals with purpose and passion. ***This will take some time to complete. There is a direct correlation between the effort you put into it and the impact you will receive from it.***

Defining Success

To gain clarity about your personal definition of success:

Think about what success means to you, both in your personal life and in your business/profession. Reflect on occasions when you felt successful and what happened that caused you to feel that way. Write down key words or ideas that you associate with either personal and business/professional success.

Reflection/Debrief - Defining Success

Reflect on your responses to the previous section and jot down your answers to these questions:

- What is a great business?
- What is a great life?
- How does society define success?

Step 1: Identify Your Core Values and Principles

Understanding your core values and principles is crucial for guiding your vision and setting goals aligned with your true self. Reflect on what matters most to you and the principles that guide your decisions and actions.

Additional resources:

[Identify your Values](#) - a step by step process for defining your core values - short video on this page is a great summary of the process

[Determine Your Values](#) Jim Rohn video - 13 minutes

****Technique**:** Jim Rohn's philosophy emphasizes the importance of values as the foundation of your vision. Write down your core values and use them as a compass for your vision. This ensures your goals are not just achievements, but reflections of who you are and what you stand for.

Step 2: Dream Big and Define Your Vision

Start by allowing yourself to dream without limits. Consider what a fulfilling life looks like to you in 1-2 years. Think about the areas of your life that matter most, such as your career, personal development, relationships, health, and hobbies.

****Technique**:** Use the 8 step [ZingTrain Visioning Recipe](#) where you write a detailed description of your future as if you're looking back from it. Describe what you have achieved, how it feels, who is with you, and what others say about your accomplishments. This process helps to create a compelling and tangible picture of your desired future.

Step 3: Set Specific, Measurable Goals

Break down your vision into specific, measurable, achievable, relevant, and time-bound (SMART) goals. This provides clarity and focus, making it easier to take actionable steps towards your vision. These go on your [Personal Scoreboard](#).

****Technique**:** Jim Rohn's approach to goals also emphasizes writing them down, regularly reviewing them, and remaining flexible in your methods to achieve them while staying firm in your decision to reach your goals. He believed in the transformative power of setting goals, as it compels action and fosters personal development. Rohn's teachings suggest that through disciplined effort, personal reflection, and a positive mindset, achieving your goals is not just possible but inevitable.

Step 4: Create Systems or Action Plans for Each Goal

With your goals in place, it's time to plan how to achieve them. Develop the systems or action plans that outline the steps you need to take, resources you require, and any obstacles you might face.

****Technique**:** Drawing from Jim Rohn's teachings, focus on developing the discipline and habits that support your goals. Break down each goal into smaller tasks, and schedule regular reviews of your progress. Adapt and refine your plans as needed.

Step 5: Cultivate a Growth Mindset

As you work towards your vision, adopt a mindset that embraces challenges, learns from setbacks, and celebrates progress. Remember, the journey is as important as the destination.

****Technique**:** Inspired by Ari Weinzweig's approach, practice gratitude and positivity. Reflect on your learnings, celebrate small wins, and stay open to new experiences and perspectives. This mindset fosters resilience and creativity, essential for achieving your vision.

Conclusion:

Creating a 1-2 year vision for yourself is an inspiring journey of self-discovery and growth. By dreaming big, aligning your goals with your values, setting clear objectives, developing action plans, and embracing a growth mindset, you can turn your vision into reality. Let the philosophies of Ari Weinzweig and Jim Rohn guide you, and remember, the power to shape your future is in your hands.

Good luck on your journey to realizing your vision!

Visioning - the Ari Weinzweig and ZingTrain Way

Vision Definition

- A picture of what success looks like at a particular point in time in the future, described with enough richness of detail that we'll know when we've arrived.

ELEMENTS OF AN EFFECTIVE VISION

1. Inspiring
2. Strategically sound
3. Documented
4. Communicated

A VISION IS NOT ...

- Mission Statement
- Strategic Plan
- Something a consultant does for you
- Only for top of the organization
- A to do list

** Watch the [Recipe for Visioning Video](#) (if you haven't already watched it)**

8-STEP ZINGTRAIN VISION RECIPE

1. Choose your topic
2. Pick your timeframe
3. Put together a list of “prouds”
4. Write the first draft

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5. Review and re-draft
 6. (Optional) More re-drafts
 7. Get input from ACES (Advisory Content Experts)
 8. Start sharing the vision

1. **Choose your topic** - work, vacation, project, wedding, health - or for this exercise, your Professional and Personal life

2. **Pick your timeframe** - looking into the future, for this exercise 1-2 years - pick a specific date 1 - 2 years from now.
3. **Put together a list of Prouds:**
PURPOSE: to get into a positive frame of mind.
 - Write down as many things that you can think of
 - May be facts: things you've achieved
 - May be feelings: how you've felt when you experienced success
 - In any aspect of your life: Personal or professional
 - Nothing is too big or too small (you aren't going to share this)Limit : 3 minutes
4. **Write the first draft - Drafting a Vision of Greatness**
PURPOSE: Write the first draft of the vision
 - Go for something great (don't self-edit)
 - Write from your heart (not your head)
 - Send the "voices" away
 - Get into the future (write in present tense)
 - Go quickly
 - Use the "Hot Pen" technique
 - Get personalLimit : 15 minutes
5. **Review and re-draft**
6. **(Optional) More re-drafts**
7. **Get input from ACES (Advisory Content Experts)**
8. **Start sharing the vision**

NEXT STEPS

- Write additional drafts
- Practice on different visions
- Share with the important people in your life
- Teach others
- Start taking steps to make your vision come true